



Business and Professional Women of Greater Nashua, NH



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'The Making of a Television Show and how to Market yourself (mainly for free) through the Modern Media.'

Date: Thursday, March 20, 2008

Time: 11:15 am – 1:00 pm

Location: Crowne Plaza Hotel, Exit 8, Nashua, NH

Join Greater Nashua's BPW on Thursday, March 20th. Oonagh Williams of Royal Temptations, will cover what it takes to make your own mini 10 minute television show/instructional video - advice on life's little moments (substitute your field of expertise) and where/how to market it. How to get your name out to as many media outlets as possible on a regular basis - newspapers, internet, trade organizations, blogs, e-zines, even youtube.

Oonagh Williams of Royal Temptations, was born and brought up in London, England, Has a Culinary Arts degree from training in London and Switzerland is a 20 year resident of Merrimack NH is a Trained Instructor with many years teaching experience. Has her own cooking show on local PEG TV, available to any town who requests show. Award Winning Chef/Instructor Regularly featured in local and regional newspapers Has appeared on WMUR ABC's Channel 9's Cooks Corner as featured chef for over 10 years. Is a Gourmet Chef for the discerning client Teaches a variety of International Cooking Classes Speaker/Demonstrator to area organizations. See Oonagh's TV cooking shows: <http://www.youtube.com/kb1dbg>

The Greater Nashua Business and Professional Women's (BPW) organization is a non-profit association whose mission is to provide a forum for the education, networking, business development and advocacy for women. For additional information regarding membership contact Membership Chairperson **Julia Manlogon** at membership@bpwnashua.com, or visit the BPW website at www.BPWNashua.com.

The Business and Professional Women/USA (BPW) and BPW/NH organizations are committed to serving women through advocacy, education and support to promote economic self-sufficiency, work-life balance and equity in the workplace and offer an extensive legislative presence. Signature Conferences, Events and Programs sponsored by BPW/USA and the BPW/Foundation are important tools for communicating the core values of BPW and connecting women across the country as they learn from each other, support each other, network, improve working conditions, and create lifelong friendships. Signature events include an annual Policy and Action Conference in Washington DC, Career Advantage Scholarships, the Virginia Allen Young Careerist Program, WOMENomics program and Professional Development Programs. Visit www.BPWNashua.com for local information including monthly meeting.